





### NURSE SPECIALIST IN FOLLOW-UP SERVICE OF ICU SURVIVORS AFTER CRITICAL ILLNESS

#### **ESNO CONGRESS 2024**

"THE SPECIALIST NURSE IN EUROPEAN HEALTHCARE TOWARDS 2030" 5-7 JUNE 2024, MILAN, ITALY

Francesco Gravante, Rn, Msn, PhD Student University of Rome "Tor Vergata" Department of Biomedicine and Prevention Rome RM Italy e-mail: francesco.gravante@students.uniroma2.it



### Research Group

Francesco Gravante <sup>1</sup>, Francesca Trotta <sup>1</sup>, Beatrice Meucci <sup>1</sup>, Silvio Simeone <sup>2</sup>, Ercole Vellone <sup>1</sup>, Rosaria Alvaro <sup>1</sup>, Gianluca Pucciarelli <sup>1</sup>

<sup>1</sup> university of Rome "Tor Vergata" Department of Biomedicine and Prevention Rome RM Italy,

<sup>2</sup> Department of clinical and experimental medicine, university of Catanzaro Magna Grecia, Catanzaro, Italy

### **DISCLOSURE**

### No conflict of Interest







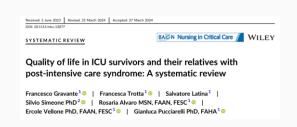
## Follow- Service After Critical Illness

Intensive Care Unit survivors have to deal with a different version of themselves after the ICU discharge.

These conditions were characterised by all three adverse survivorship dimensions of physical function, cognitive function and mental health status.

PICS was associated with poor quality of life in ICU survivors and is explained predominantly by the mental component.

The mental components of PICS, such as anxiety, depression and PTSD, adversely impact ICU survivors after discharge.





### POST INTENSIVE CARE SYNDROME

### **MIA**

This review aimed to describe the role of a nurse specialist in the follow-up service of ICU survivors after critical illness.





### **METHODS**

### PICO MODEL

•PATIENT AFTER CRITICAL ILLNESS

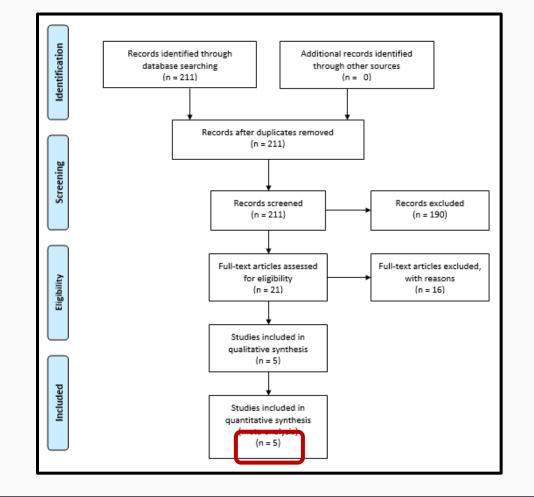
•COMPETENCE OF NURSE SPECIALIST

•REHABILITATION, MENTAL HEALTH, COGNITIVE IMPAIRMENT

- A narrative review was carried out.
- Pubmed, Scopus, Web of Science, and Cumulative Index to Nursing and Allied Health Literature (CIHNAL) were searched.

 The search strategy included combinations and synonyms of free text and MESH (Medical Subject Headings) terms such as

'post-intensive care syndrome' OR 'PICS' OR 'Post-ICU' AND 'follow-up care' AND 'Rehabilitation' OR 'Nursing, Rehabilitation' OR 'Nursings, Rehabilitation' OR 'Rehabilitation Nursings'.



The selection process of studies included



### **FINDINGS**

### **FINDINGS**

#### **NURSE SPECIALIST**

Cognitive/Mental assessmen Consultation Outpatient adjustment

#### **PHYSICIAN**

Examination/Prescription Introduction

#### Physical assessment

Physical assessment Rehabilitation

#### PICS

**CLINICS** 

Nutritional assessment Nutrition/Lifestyle guidance

**DIETITIAN** 

#### **PSYCHOLOGIST**

Mental assessment
Psychotherapy

#### **PHARMACIST**

Medicine assessment Preventive intervention

#### Functional Outcomes, Goals, and Goal Attainment among Chronically Critically III Long-Term Acute Care Hospital Patients

Randy Dubin', Joshua M. Veith<sup>2,3,4</sup>, Michael A. Grippi<sup>6</sup>, Joanne McPeake<sup>6,7</sup>, Michael O. Harhay<sup>5,8‡</sup>, and Mark E. Mikkelsen<sup>1,5</sup>

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ORIGINAL ARTICLE

High occurrence of postintensive care syndrome identified in surgical ICU survivors after implementation of a multidisciplinary clinic

Samantha F. Bottom-Tanzer, Janelle O. Poyant, PharmD, Maria T. Louzada, RN, Sana E. Ahmed, LICSW, Abbey Boudouvas, PT, DPT, NCS, Effects Poon, PT, Horacio M. Hojman, MD, Nikolay Bugaev, MD, Benjamin P, Johnson, MD, Anna Liai van Kirl, AD, LICSW, Leyn Daniel, PT, DPT, Caroline Emoff, LICSW, and Eric J. Mahomey, MD, FACS. Boston, Manucchuetts

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CH Open Access

Lack of clinically relevant correlation between subjective and objective cognitive function in ICU survivors: a prospective 12-month follow-up study

Emily Brück <sup>1,2,4</sup> o, Jacob W. Larsson<sup>2</sup>, Julie Lasselin<sup>4,5</sup>, Matteo Bottal<sup>6</sup>, Tatja Hirvikoski<sup>7</sup>, Eva Sundman<sup>2,0,8</sup>, Michael Bashardron<sup>2</sup>, Pater Sacker<sup>2</sup> and Dedex S. Oloffonna<sup>2,9</sup> A feasibility study of functional status and follow-up clinic preferences of patients at high risk of post intensive care syndrome

K. J. Farley\*, G. M. Eastwood†, R. Bellomo‡

### Implication of Specialized Intensive Care Nurses

- PICS is a widespread experience among ICU survivors and their family members.
- Critical care nurses have a key role in managing the syndrome in follow-up services

through the collaboration of the multidisciplinary team

### Final tips & take home message

- The PICS clinic is an environment where critical care survivors are assessed through a psychiatric assessment, including self-assessment modules to test physical, cognitive, and mental symptoms.
- Critical care nurses are essential in developing and implementing follow-up treatments
- They play leadership, staffing and developing roles in different post-ICU services

# CONTACT Francesco Gravante, PhD Student University of Rome "Tor Vergata" Department of Biomedicine and Prevention Rome RM Italy e-mail: francesco.gravante@students.uniroma2.it